



Time	Activity	Description	Resources Available
8:00am-9:00am	Daily Morning Routine	Make it a competition if you have multiple kids and are on a time crunch. Enlist your older kids to help move the younger kids along.	<a href="https://www.online-stopwatch.com">https://www.online-stopwatch.com</a>
9:00-10:00	Academic Hour	<b>Reading</b>	<i>iReady or Achieve 3000 (students in districts who have purchased access)</i> <ul style="list-style-type: none"> <li>▪ iReady Reading – <a href="https://login.i-ready.com">https://login.i-ready.com</a></li> <li>▪ Scholastic Learning - <a href="https://classroommagazines.scholastic.com/support/learnathome.html">https://classroommagazines.scholastic.com/support/learnathome.html</a></li> <li>▪ Newsela - <a href="https://newsela.com/join/#/teach-or-read">https://newsela.com/join/#/teach-or-read</a></li> <li>▪ Kahoot: <a href="https://kahoot.com">https://kahoot.com</a></li> </ul>
10:00-10:30am	Aerobic or Cardio	GoNoodle Get Moving – YouTube Channel (Indoor Recess)	<a href="https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw">https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw</a>
10:30-11:00am	Drop Everything and Read	Select a book or magazine article. Depending on the age, children can read aloud.	Epic Books - <a href="https://www.getepic.com">https://www.getepic.com</a>
11:00-11:30am	Hands On Learning or Science	Consider “Art” or a DIY <b>Science</b> Experiment	<a href="http://bomomo.com">http://bomomo.com</a> - <a href="http://aminahsworld.org">http://aminahsworld.org</a> - <a href="http://toytheater.com/category/art/">http://toytheater.com/category/art/</a> - <a href="https://mymommywisdom.com/blogs/test-1">https://mymommywisdom.com/blogs/test-1</a> <a href="http://thestir.cafemom.com/big_kid/177627/science_experiment_project_kids_home">http://thestir.cafemom.com/big_kid/177627/science_experiment_project_kids_home</a>
11:30-12:30	Chores	Clean counters, knobs, doors handles, other common areas.	DIY Disinfecting Wipes: <a href="https://myheavenlyrecipes.com/how-to-make-homemade-disinfecting-wipes/">https://myheavenlyrecipes.com/how-to-make-homemade-disinfecting-wipes/</a>
12:30-1:00pm	Lunch		No Bread? <a href="https://www.thekitchn.com/thinking-outside-the-lunch-box-10-sandwich-free-kids-lunch-ideas-222906">https://www.thekitchn.com/thinking-outside-the-lunch-box-10-sandwich-free-kids-lunch-ideas-222906</a> Creative Lunch Ideas: <a href="https://www.tasteofhome.com/collection/easy-recipes-for-kids-to-make-by-themselves/">https://www.tasteofhome.com/collection/easy-recipes-for-kids-to-make-by-themselves/</a>
1:00 – 1:30	Quiet Time	Nap, puzzles, or crafts.	<a href="http://www.cubicfrog.com/15-quiet-time-activities-for-kids-that-can-be-made-in-5-minutes/">http://www.cubicfrog.com/15-quiet-time-activities-for-kids-that-can-be-made-in-5-minutes/</a>
1:30-2:30	Academic Hour	<b>Math</b>	iReady Math - <a href="https://login.i-ready.com">https://login.i-ready.com</a> Kahoot: <a href="https://kahoot.com">https://kahoot.com</a> iXL: Charges for Membership. MobyMax: <a href="https://www.mobymax.com">https://www.mobymax.com</a>
2:30-3:30	Write to Reflect		<a href="https://fsassessments.org/students-and-families/practice-tests/">https://fsassessments.org/students-and-families/practice-tests/</a> <a href="http://www.uniqueteachingresources.com/creative-writing-prompts.html">http://www.uniqueteachingresources.com/creative-writing-prompts.html</a>
3:30-4:00	Outdoor Recess	Outdoor activities with kids or siblings.	<a href="https://www.wired.com/2009/08/simpleoutdoorplay/">https://www.wired.com/2009/08/simpleoutdoorplay/</a>
4:00-5:00	DIY or Hands on Learning	At Home Field Trip or Science based project	Google Earth - <a href="https://www.google.com/earth/">https://www.google.com/earth/</a> - <a href="http://thestir.cafemom.com/big_kid/177627/science_experiment_project_kids_home">http://thestir.cafemom.com/big_kid/177627/science_experiment_project_kids_home</a> <a href="https://mymommywisdom.com/blogs/test-1">https://mymommywisdom.com/blogs/test-1</a>