**ABC (Antecedent, Behavior, Consequence) Behavior Log**

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| **Date/Time** | **Activity** | **Antecedent** | **Behavior** | **Consequence** |
| Date/time when the behavior occurred | What activity was going on when the behavior occurred | What happened right before the behavior that may have triggered the behavior | What the behavior looked like | What happened after the behavior, or as a result of the behavior |
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